

Graduate Internships at Birmingham Women's and Children's hospital

2017 Cohort :
Fathayha Begum
Ashton Bryan
Zishaan Mohammed
Lucy Smith



By your side

Birmingham Women's and Children's Trust



Birmingham Women's
and Children's
NHS Foundation Trust

- Merged in February 2017
- The trust is made up of:
 - Birmingham Women's Hospital
 - Birmingham Children's Hospital
 - Forward Thinking Birmingham
- We work on the Birmingham Children's site
- Over 270,600 Patients visit every year
- 361 beds
- We are a national specialist centre – 34 specialities
- A centre of excellence
- One of the highest performing trust in the country

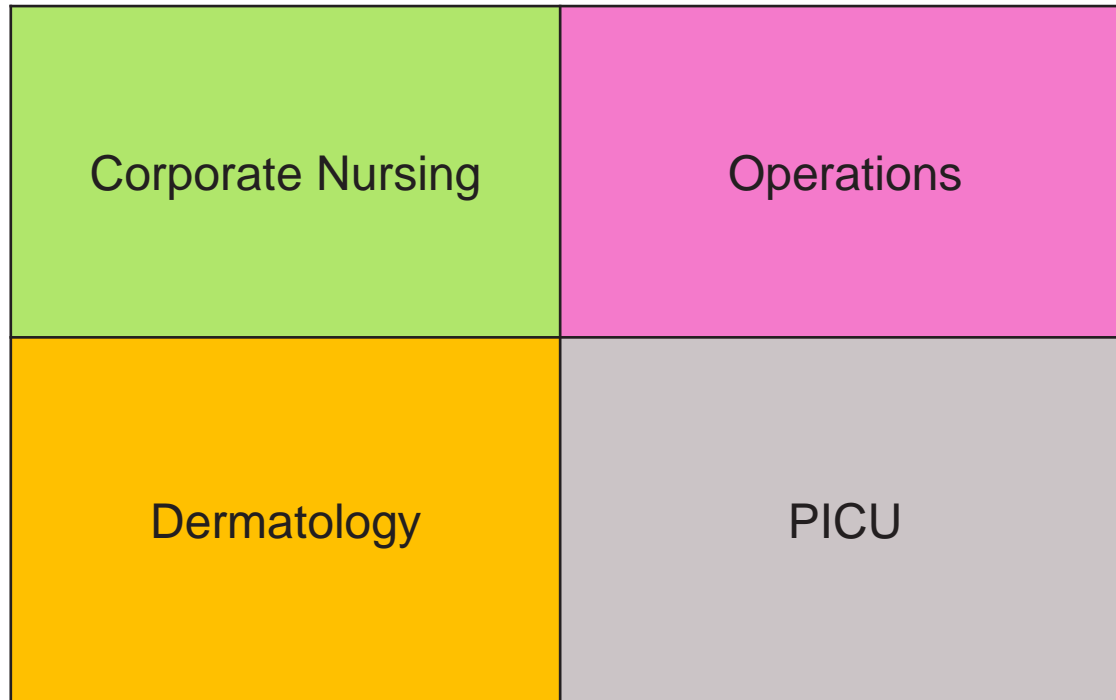


Internship

- 11 month Structured Graduate Placement
- In 2017/18 cohort there were 4 positions available
- 37.5 hours per week (9am – 5pm)
- Living wage



Roles



Corporate Nursing - Lucy

- What is Corporate Nursing?
- Variety of skills used
- Lots of projects and opportunities to get involved in
- Main focus is to look after the Young Person's Advisory Group (YPAG)
 - Big Discussion
 - Takeover Challenge
 - Quarterly Meetings
- Wider Patient Experience Work



Lucy - How this has helped me develop?

- Project Management Skills
- Advanced Communication Skills
- Conflict Resolution
- Using initiative
- Teamwork Skills
- Confidence



Lucy – How this would help me progress in clinical/ managerial roles

Clinical

- Exposure on wards
- Having first hand contact with patients
- Building working relationships with healthcare professionals
- Understanding of the trust structure

Managerial

- Managing young people
- Project management
- Organising events
- Audits



Dermatology - Ashton

- What is Dermatology?
- What have I done?
 - Organised multiple departmental/academic meetings and conferences (e.g. BSPD)
 - Recruitment for 100k Genomes Project
 - Dermatology diagnostic coding project
 - EB Storybook
 - Patient Support Groups (Alopecia and Eczema)
 - Digitalisation of historical slide collection



Ashton - How has this helped me to develop?

- Confidence
- Communication
- Presentation Skills
- Teamwork and Delegation / Independent working
- Project Management



Ashton - How has this helped my ability to progress into clinical/managerial work?

Clinical

- Shadowing
- Exposure to Medical terminology and illustrations
- Case Studies
- Understanding of NHS structure and clinical pathways

Managerial

- Project Management
- IT Skills
- Audits
- Report Writing
- Event Organisation



How that's helped us develop?

- Confidence
- Proactive
- Understanding of structure of PICU organisation and wider trust structure
- Discipline
- Time management
- Leadership skills
- Innovation & experimentation
- Friendliness



How has this helped your ability to progress into clinical work?

- Provides both an intimate and wide angle lens of the clinical work
- Working alongside clinicians on projects to help patients
- Working on the ward doctors can explain things
- Clinical guidelines work
- Very easy to get shadowing



How has this helped your ability to progress into managerial work?

- Dealing with business
- Audits
- Annual reports
- Business cases
- Presenting at management meetings
- Workforce management
- Project management
- **Very little people management**



Operational - Fathayha

- Operational management - project leadership & support to service managers and lead nurses across the directorate.
- Transformation team – quality improvement, change/project management
- Establishing relationships with a range of stakeholders.
- Networking and learning opportunities.
- Exposure to other areas.
- Guidance, autonomy, trust and responsibility.
- Personal development and careers guidance



Fathayha – How my work helps the hospital?

- Provided support to projects that may not have otherwise progressed due to the pressures staff are facing in this climate
- Additional responsibilities - 2 roles
- Being involved in quality improvement initiatives, both trust wide and local
- Trust wide e.g. Administrative process review, national 7 day services audit
- Local e.g. Small Changes, Big Differences, delivering improvement training



Fathayha - How the internship helped me develop?

- Experience in an acute hospital setting
- Learning on the job and from colleagues.
- Receiving internal training and delivering training myself.
- Confidence
- Pro active, problem solving attitude
- Research and analytical skills



Benefits

- Shadowing
- Networking
- Forums
- Mentoring (mentor/mentee)
- Project experience
- Exposure to different areas of hospital



Career Pathways

- Princes Trust
- Graduate Management scheme
- Roles within the trust
- Medicine/ Clinical Roles
- Teaching
- JP Morgan
- Public Health England / Regulatory Bodies



Thank you for Listening



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For more information please contact:

- Yasir Iqbal – Aspire Project Lead
 - Y.iqbal@nhs.net
 - bwc.aspire@nhs.net

